



Player Centered vs Command Style Development Youth Development Program

Roles Defined:

Coach's Role

In the player centered approach:

Focus is the Player

Creates a challenging game environment Provides options

Asks players what they think

Develops Players

In the "command style":

Focus is the Coach

Creates exercises and directs session Provides solutions

Tells players what to think

Develops Clones

Player's Role

In the player centered approach:

Primarily learn from playing the game Focus = Playing

Solve Soccer Problems

In the "command style":

Primarily learn from the coach Focus = Coach's Expectations Execute coach's direction

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The Goal

The goal of all of the Youth Development Program is to use a player centered approach to produce players that:

Are instinctive

Are creative

Take initiative

Expresses individuality

Thinks independently

Understands options

Solves problems

“Own the game”