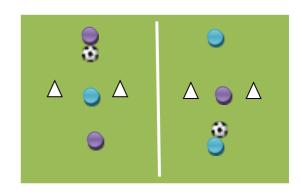
Academy Group U7 to U10

## **Topic**

**Passing** 



Area: 30x20

## Organization:

Three players are positioned in a grid 30 yards x 20 yards, using one ball. One player is placed each side

of the goal and the third acts as a goalkeeper.

The goalkeeper starts the practice by rolling the ball to one of the players. The player tries to score past the goalkeeper. The ball must travel between the flagpole's or cones and below head-height of the goalkeeper to count. Goals are awarded in the following manner:

- 3 goals if the player scores on first touch.
- 2 goals if the player takes two touches before scoring.
- 1 goal if the player takes three or more touches before scoring.

The player on the opposite side must always be alert to strike the ball when it comes into their end from a shot.

If the goalkeeper saves the shot, they turn around and roll the ball out to the opposite player. The player in goal should be rotated with the outfield players. Keep a record of the score to determine the champion.