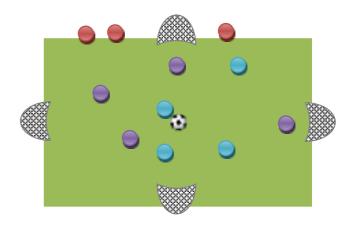
Academy Group U7 to U10

## **Topic**

Choose any goal



Area: 30x30

## Organization:

The 4 attackers always attack the goal that they consider to be least well defended. The coach can specify whether a goal has to be scored by shooting from inside the shooting zone or by dribbling the ball over a goal line.

## Variation:

1. A team of 4 players has 10 attacks and the other team has to defend 4 goals. An attack ends when a goal is scored, or the ball goes out of play, or when a defender touches the ball. Each attack starts in the middle of the field. The defenders have to position themselves intelligently to prevent the attackers from scoring. The objective of the game is to teach the attackers to use the space skillfully and to play so securely that they score 10 goals in the 10 attacks.

The 4 goals can be positioned anywhere on the end lines or touch lines.